

Working Together for Student Success

Local School Wellness Policy: Triennial Assessment Template

Background Information

An assessment of your school wellness policy must be conducted a minimum of once every three years per United States Department of Agriculture (USDA) regulations; however, Local Educational Agencies (LEAs) may assess their policy more frequently if they wish.

Purpose

The template below is offered as a way to summarize the information gathered during your assessment. Members of a school wellness committee who are completing their triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy 2) how the wellness policy compares to model wellness policies 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment, as well as the current wellness policy, must be made available to the public. How these documents are shared publicly is the decision of the LEA. Many LEAs choose to post the results on their district website. Sponsors may use this template to organize the assessment conducted and make it available to the public.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. State agencies will assess compliance with the wellness policy requirements as a part of the General Areas of the Administrative Review every three years. Keep a copy of the results on file for at least three full school years plus the current year.

Section 1: General Information

School(s) included in the assessment:

Month and year of current assessment:

Date of last wellness policy revision:

Website address for the wellness policy and/or information on how the public can access a copy:

Section 2. Compliance with the Wellness Policy and Progress Towards Goals

At a minimum, school wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion
 - Nutrition education
 - Physical activity
 - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, *but not sold*, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of evaluation plan.

Using the tables below, indicate the language that is currently written in the school wellness policy in relation to each topic area. Next, assess and discuss whether the school is meeting the goal, partially meeting the goal, or not meeting the goal. Finally, indicate the progress made for each goal and next steps that have been identified.

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Wellness Coordinator: Has identified at least one person as responsible for facilitating the wellness policy upkeep Name person responsible for facilitating the upkeep:			
Describe progress and next steps:			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Stakeholder Participation: Allow parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrators, and the general public to participate in the development, implementation, evaluation and update of the wellness policy			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
USDA Requirements for School Meals: Has assured school meals meet the USDA requirements			
Describe progress and next steps:			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Nutritional Guidelines for all foods and beverages sold: Has set nutritional guidelines for foods and beverages sold on the school campus during the school day			
Describe progress and next steps:			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Nutritional Guidelines for non-sold foods and beverages: Has set nutritional guidelines for foods and beverages not sold but made available on the school campus during the school day			
Describe progress and next steps:	,		

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Food & Beverage Marketing: Allow marketing on the school campus during the school day of only those foods and beverages that meet the competitive food/beverage requirements (Smart Snacks)			

Describe progress and next steps:

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Nutrition Education: Has at least 2 goals for nutrition education List goals: 1. 2.			
Describe progress and next steps:			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Nutrition Promotion: Has at least 2 goals for nutrition promotion			
List goals:			
1.			
2.			
Describe progress and next steps:		·	

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Physical Activity: Has at least 2 goals for physical activity List goals:			
1.			
2.			

Describe progress and next steps:

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Other Activities: Has at least 2 goals for Other School-Based Activities that promote student wellness			
List goals:			
1.			
2.			
Describe progress and next steps:			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Evaluation: Every three years LEA has evaluated the wellness policy with an evaluation tool and has notified the public of the results. The assessment will determine: • to what extent the LEA is in compliance with the school wellness policy • the extent to which the local wellness policy compares to model school wellness policies • the progress made in attaining the goals of the school wellness policy			
Name person responsible for monitoring the policy:			
Describe progress and next steps:	ı		

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal			
Communication: Annually inform and update parents, students, staff, and the community about the content and implementation of the wellness policy and provide a way for additional stakeholders to be able to participate						
Describe progress and next steps:						
nclude any additional notes, if necessary:						
Section 3. Comparison to Model School Wellness Policies Indicate model policy language used for comparison. Model policies may be found						

Describe how the school wellness policy compares to model wellness policies.

Your District's Scorecard

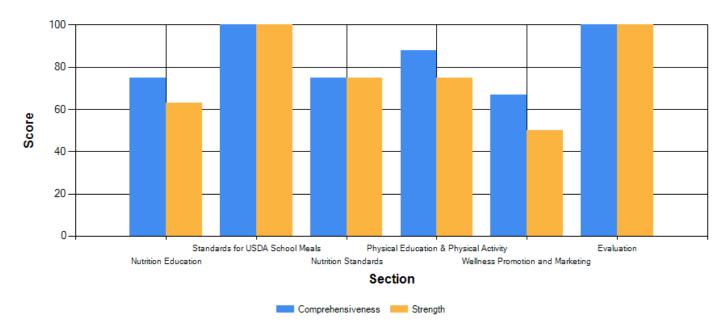
Close window

Congratulations! You have completed the WellSAT. Check out your scorecard below. It contains details of how you scored on each item and section of the assessment. It also provides resources that will help you improve your district's school wellness policy.

Items with a rating of "0" (item not addressed in the policy) or "1" (general or weak statement addressing the item) can be improved by referring to the resource links next to the items. Multiple resources addressing school wellness policy topics are available online. To avoid duplicative information, we have included a small selection, rather than a comprehensive listing.

Version: 3.0

Policy Name: PLA WellSAT3.0



Section 1. Nutrition Education

NE1	Includes goals for nutrition education that are designed to promote student wellness.	2
NE2	Nutrition education teaches skills that are behavior focused, interactive, and/or participatory.	1
NE3	All elementary school students receive sequential and comprehensive nutrition education.	2
NE4	All middle school students receive sequential and comprehensive nutrition education.	2
NE5	All high school students receive sequential and comprehensive nutrition education.	2
NE6	Nutrition education is integrated into other subjects beyond health education	0
NE7	Links nutrition education with the school food environment.	2
NE8	Nutrition education addresses agriculture and the food system.	0
Subtotal for Section 1	Comprehensiveness Score: Count the number of items rated as "1"or "2" and divide this number by 8 (the number of items in this section). Multiply by 100. Do not count an item if the rating is "0."	75

Strength Score:	63	
Count the number of items rated as "2" and divide this number by 8 (the number of items in this		
section). Multiply by 100.		

Click here for Nutrition Education Resources

tion 2. Standard	ls for USDA Child Nutrition Programs and School Meals	Rating
SM1	Assures compliance with USDA nutrition standards for reimbursable school meals.	2
SM2	Addresses access to the USDA School Breakfast Program.	2
SM6	Specifies strategies to increase participation in school meal programs.	2
SM7	Addresses the amount of "seat time" students have to eat school meals.	2
SM8	Free drinking water is available during meals.	2
ЅМ9	Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards.	2
SM10	Addresses purchasing local foods for the school meals program.	2
Subtotal for Section 2	Comprehensiveness Score: Count the number of items rated as "1"or "2" and divide this number by 7 (the number of items in this section). Multiply by 100. Do not count an item if the rating is "0."	100
	Strength Score: Count the number of items rated as "2" and divide this number by 7 (the number of items in this section). Multiply by 100.	100

Click here for School Food Resources

n 3. Nutritic	on Standards for Competitive and Other Foods and Beverages	Rating
NS1	Addresses compliance with USDA nutrition standards (commonly referred to as Smart Snacks) for all food and beverages sold to students during the school day.	2
NS2	USDA Smart Snack standards are easily accessed in the policy.	2
NS3	Regulates food and beverages sold in a la carte.	2
NS4	Regulates food and beverages sold in vending machines.	2
NS5	Regulates food and beverages sold in school stores.	2

NS6	Addresses fundraising with food to be consumed during the school day.	2
NS8	Addresses foods and beverages containing caffeine at the high school level.	0
NS9	Regulates food and beverages served at class parties and other school celebrations in elementary schools.	2
NS10	Addresses nutrition standards for all foods and beverages served to students after the school day, including, before/after care on school grounds, clubs, and after school programming.	0
NS11	Addresses nutrition standards for all foods and beverages sold to students after the school day, including before/after care on school grounds, clubs, and after school programming.	0
NS12	Addresses food not being used as a reward.	2
NS13	Addresses availability of free drinking water throughout the school day.	2
Subtotal for Section 3	Comprehensiveness Score: Count the number of items rated as "1"or "2" and divide this number by 12 (the number of items in this section). Multiply by 100. Do not count an item if the rating is "0."	75
	Strength Score: Count the number of items rated as "2" and divide this number by 12 (the number of items in this section). Multiply by 100.	75

Click here for Nutrition Standards Resources

Section 4. Physical Education and Physical Activity

PEPA1	There is a written physical education curriculum for grades K-12.	2
PEPA2	The written physical education curriculum for each grade is aligned with national and/or state physical education standards.	2
PEPA3	Physical education promotes a physically active lifestyle.	2
PEPA4	Addresses time per week of physical education instruction for all elementary school students.	2
PEPA5	Addresses time per week of physical education instruction for all middle school students.	0
PEPA6	Addresses time per week of physical education instruction for all high school students.	0
PEPA7	Addresses qualifications for physical education teachers for grades K-12.	1
PEPA8	Addresses providing physical education training for physical education teachers.	2
PEPA9	Addresses physical education exemption requirements for all students.	2
PEPA10	Addresses physical education substitution for all students.	2

PEPA11	Addresses family and community engagement in physical activity opportunities at all schools.	1
PEPA12	Addresses before and after school physical activity for all students including clubs, intramural, interscholastic opportunities.	2
PEPA13	Addresses recess for all elementary school students.	2
PEPA14	Addresses physical activity breaks during school.	2
PEPA15	Joint or shared-use agreements for physical activity participation at all schools.	2
PEPA16	District addresses active transport (Safe Routes to School) for all K-12 students who live within walkable/bikeable distance.	2
Subtotal for Section 4	Comprehensiveness Score: Count the number of items rated as "1"or "2" and divide this number by 16 (the number of items in this section). Multiply by 100. Do not count an item if the rating is "0."	88
	Strength Score: Count the number of items rated as "2" and divide this number by 16 (the number of items in this section). Multiply by 100.	75

Click here for Resources on Physical Activity in Schools

Section 5. Wellness Promotion and Marketing

WPM1	Encourages staff to model healthy eating and physical activity behaviors.	2
WPM2	Addresses strategies to support employee wellness.	2
WРМЗ	Addresses using physical activity as a reward.	2
WPM4	Addresses physical activity not being used as a punishment.	2
WPM5	Addresses physical activity not being withheld as a punishment.	2
WPM6	Specifies marketing to promote healthy food and beverage choices.	1
WPM7	Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards.	2
WPM8	Specifically addresses marketing on school property and equipment (e.g., signs, scoreboards, sports equipment).	0
WPM9	Specifically addresses marketing on educational materials (e.g., curricula, textbooks, or other printed or electronic educational materials).	0
WPM10	Specifically addresses marketing where food is purchased (e.g., exteriors of vending machines, food and beverage cups and containers, food display racks, coolers, trash and recycling containers).	0
WPM11	Specifically addresses marketing in school publications and media (e.g., advertisements in school publications, school radio stations, in-school television, computer screen savers, school-sponsored Internet sites, and announcements on the public announcement (PA) system).	0

WPM12	Specifically addresses marketing through fundraisers and corporate-incentive programs (e.g., fundraising programs that encourage students and their families to sell, purchase, or consume products and corporate incentive programs that provide funds to schools in exchange for proof of purchases of company products, such as Box Tops for Education).	1
Subtotal for Section 5	Comprehensiveness Score: Count the number of items rated as "1"or "2" and divide this number by 12 (the number of items in this section). Multiply by 100. Do not count an item if the rating is "0."	67
	Strength Score: Count the number of items rated as "2" and divide this number by 12 (the number of items in this section). Multiply by 100.	50

Click here for Wellness Promotion and Marketing Resources

Section 6. Implementation, Evaluation & Communication

Rating

Addresses the establishment of an ongoing district wellness committee.	2
Addresses how all relevant stakeholders (parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrator, and the general public) will participate in the development, implementation, and periodic review and update of the local wellness policy.	2
Identifies the officials responsible for the implementation and compliance of the local wellness policy.	2
Addresses making the wellness policy available to the public.	2
Addresses the assessment of district implementation of the local wellness policy at least once every three years.	2
Triennial assessment results will be made available to the public and will include:	2
Addresses a plan for updating policy based on results of the triennial assessment.	2
Addresses the establishment of an ongoing school building level wellness committee.	2
Comprehensiveness Score: Count the number of items rated as "1"or "2" and divide this number by 8 (the number of items in this section). Multiply by 100. Do not count an item if the rating is "0."	100
Strength Score: Count the number of items rated as "2" and divide this number by 8 (the number of items in this section). Multiply by 100.	100
	Addresses how all relevant stakeholders (parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrator, and the general public) will participate in the development, implementation, and periodic review and update of the local wellness policy. Light Identifies the officials responsible for the implementation and compliance of the local wellness policy. Addresses making the wellness policy available to the public. Addresses the assessment of district implementation of the local wellness policy at least once every three years. Triennial assessment results will be made available to the public and will include: Addresses a plan for updating policy based on results of the triennial assessment. Addresses the establishment of an ongoing school building level wellness committee. Comprehensiveness Score: Count the number of items rated as "1"or "2" and divide this number by 8 (the number of items in this section). Multiply by 100. Do not count an item if the rating is "0." Strength Score: Count the number of items rated as "2" and divide this number by 8 (the number of items in this

Click here for Resources for Wellness Policy Development, Implementation and Evaluation

Overall District Policy Score

Total Comprehensiveness Add the comprehensiveness scores for each of the six sections above and divide this n	District Score umber by 6. 84
Total Strength Add the strength scores for each of the six sections above and divide this number by 6.	District Score 77



Federal Requirement







Action for Healthy Kids' School Health Index Elementary School Version

To complete the School Health Index online, please visit https://afhkschoolportal.force.com/AFHK Communities Login.

School Health and Physical Environment

	Fully in	Partially	Under	Not in
	Place	in Place	Development	Place
1.School health oversight	(3)	-	<u>-</u>	0
2.Representative school health committee or team	3	②	1	0
3.Local wellness policy	(3)	2	1	0
4.School health action plan	3	_	-	0
5.Positive school climate	(3)	2	1 1	0

Nutrition Environment and Services

	Fully in Place	Partially in Place	Under Development	Not in Place
6.All foods sold during the school day meet the USDA's Smart Snacks in school nutrition standards	(3)	a wee l of a		0
7.All beverages sold during the school day meet the USDA's Smart Snacks in school nutrition standards	3	2	1	0
8.School meals	(3)	2	1	0
9.School breakfast	(3)	<u> </u>	- · · · · · · · · · · · · · · · · · · ·	0
10. Variety of offerings in school meals	(3)	2	1	0
11.Promote health food and beverage choices and school meals using Smarter Lunchroom techniques	3	(2)	1	0
12.Adequate time to eat school meals	(3)	2	1	0
13.Annual continuing education and training requirements for school nutrition services staff	3	2	1	0
14.Prohibit using food as a reward or punishment	3	2	1	0
15.Access to free drinking water	(3)	2	1	0
16.All foods and beverages served and offered during the school day meet the USDA's Smart Snacks in school nutrition standards	3	2	1	0
17.All foods and beverages served and offered during the extended school day meet the USDA's Smart Snacks Standards in school nutrition standards	(3)	2	1	0
18.All foods and beverages sold during the extended school day meet the USDA's Smart Snacks Standards in school nutrition standards	(3)	2	a Pila Karajanan	0
19.Fundraising efforts during and outside school hours meet the USDA's Smart Snacks in school nutrition standards	(3)	2	1	0
20.Food and beverages marketing	3	(2)	Lagrand Asia	0
21. Venues outside the cafeteria offer fruits and vegetables	3	2	1 ,	(0)
22. Engaging families in nutrition education and school meals	3	2	1	0
23. Nutrition education curriculum implantation	3	(2)	1	Q
24.Farm to school activities	3	2	1	0



	Fully in Place	Partially in Place	Under Development	Not in Place
25.Health education taught in all grades	(3)	2	1	0
26.Sequential health education curriculum consistent with standards	3	2	1	0
27. Culturally appropriate activities and examples	(3)	2	1	0
28.Professional development in health education	3	2	1	0
29.Essential topics on physical activity	3	2	1	0
30.Essential topics on healthy eating	(3)	2	1	0
31.Opportunities to practice skills	(3)	2	1	0
32. Assignments encourage student interaction with family and community	<u>(8)</u>	2	1	0

Physical Education and Physical Activity

	Fully in	Partially	Under	Not in
	Place	in Place	Development	Place
33.150 minutes of physical education per week	(3)	2	- 1	0
34. Sequential physical education curriculum consistent with standards	(3)	2	1	0
35.Students active at least 50% of class time	(3)	2	1	0
36.Health-related physical fitness	(3)	2	1	0
37.Licensed physical education teachers	(3)	2	1	0
38.Adress special health care needs	(3)	2	1	0
39. Professional development for physical education teachers	(3)	2	1	0
40.Recess	(3)	2	1	0
41.Prohibit using physical activity as punishment	(3)	2	1	0
42.Prohibit withholding recess as punishment	(3)	2	1	0
43.Professional development for classroom teachers	(3)_	2	1.00	0
44. Promotion or support of walking and bicycling to and/or from school	8	2	1	0
45. Availibility of before- and after-school physical activity opportunities	(3)	2	1	0
46. Availability of physical activity breaks in classrooms	(3)	2	1	0
47.Family engagement in physical activity	(3)	2	1	0
48. Access to physical activity facilities outside school hours	(3)	2	1	0
49.Promote community physical activities	(3)	2	1	0

Social and Emotional Climate

	Fully in	Partially	Under	Not in
	Place	in Place	Development	Place
50. Fostering positive and nurturing relationships	(3)	2	1	0
51.Positive student relationships	(3)	2	1	0
52.Professional development on meeting diverse needs of students	(3)	2	1	0
53. Collaboration to promote social and emotional learning	(3)	2	1	0
54.School-wide social and emotional learning	(3)	2	1	0
55.Prevent harassment and bullying	(3)	2	1	0
56.Active supervision	(3)	2	1	0
57.Engaging all students	(3)	2	1	0



School Health Services

	Fully in Place	Partially in Place	Under Development	Not in Place
58.Collaboration between school nutrition services staff members and teachers	(3)	2	1	0
59.Health services provided by a full-time nurse	(3)	2	1	0
60.School nurse collaborates with other school staff members	(3)	2	1	0
61.Counseling psychological and social services provided by a full- time counselor, social worker and/or psychologist	(3)	2	1	0
62.School counselor collaborates with other school staff members	(3)	2	1	0

Staff Wellness

	Fully in	Partially	Under	Not in
	Place	in Place	Development	Place
63. Programs for staff members on physical activity/fitness	3 . 4	(2)	2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	0
64. Programs for staff members on health eating/weight management	3	2	1	0
65.All foods served and sold to staff meet the USDA's Smart Snacks	3	(2)	1	0
in school nutrition standards				
66. Modeling healthy eating and physical behaviors	(3)	2	1	0
67.Stress management programs for staff	3	(2)	1	0

Family Involvement

	Fully in	Partially	Under	Not in
	Place	in Place	Development	Place
68.Communication with families	(3)	2	1	0 0
69. Family engagement in school decision making	(3)	2	1	0
70.Family volunteers	(3)	2	1	0
71.Professional development on family engagement strategies	(3)	2	1	0
72.Student and family involvement in the school meal programs and	3	(2)	1 ,	0
other foods and beverages sold, served, and offered on school campus				
73. Family involvement in learning at home	(3)	2	1	0
74.School health updates for families	(3)	2	Ty the I are	0

Community Involvement

	Fully in	Partially	Under	Not in
	Place	in Place	Development	Place
75.Community involvement in school decision making	(3)	2	1	0
76.Community involvement in school health initiatives	(3)	2	1	0



Action for Healthy Kids' School Health Index Middle and High School Version

To complete the School Health Index online, please visit https://afhkschoolportal.force.com/AFHK Communities Login.

School Health and Physical Environment

	Fully in	Partially	Under	Not in
	Place	in Place	Development	Place
1.School health oversight	3	à	-	0
2.Representative school health committee or team	3	(2)	1	0
3.Local wellness policy	(3)	2	1	0
4. School health action plan	(3)	i (_) · · · · · · · · · · · ·		0
5.Positive school climate	3	2	1	0

Nutrition Environment and Services

	Fully in Place	Partially in Place	Under Development	Not in Place
6.All foods sold during the school day meet the USDA's Smart Snacks in school nutrition standards	(3)			0
7.All beverages sold during the school day meet the USDA's Smart Snacks in school nutrition standards	3	2	and the state of t	0
8.School meals	3)	2	1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1	0
9.School breakfast	(3)		ang salah di 🚣 san Panglis.	0
10. Variety of offerings in school meals	(3)	2	1	0
11.Promote health food and beverage choices and school meals using Smarter Lunchroom techniques	3	0	1	0
12.Adequate time to eat school meals	(3)	2	i 17.1.1. ,	0
13. Annual continuing education and training requirements for school nutrition services staff	3	2	1	0
14.Prohibit using food as a reward or punishment	(3)	2	1	0
15.Access to free drinking water	(3)	2	1	0 ,
16.All foods and beverages served and offered during the school day meet the USDA's Smart Snacks in school nutrition standards	3	2	1	0
17.All foods and beverages served and offered during the extended school day meet the USDA's Smart Snacks Standards in school nutrition standards	3	2	1	0
18.All foods and beverages sold during the extended school day meet the USDA's Smart Snacks Standards in school nutrition standards	3	2	1	0
19.Fundraising efforts during and outside school hours meet the USDA's Smart Snacks in school nutrition standards	(3)	2	1	0
20.Food and beverages marketing	3	(2)		0
21. Venues outside the cafeteria offer fruits and vegetables	3	2	1 (1) (1)	(O)
22.Engaging families in nutrition education and school meals	3	0	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	0
23. Nutrition education curriculum implantation	3	(2)	(c) 1 1 1 1 (f)	0
24.Farm to school activities	3	2	1,	(0)



	Fully in	Partially	Under	Not in
	Place	in Place	Development	Place
25.Required health education course	(3)	2	1	0
26.Sequential health education curriculum consistent with standards	3	2	1	0
27. Culturally appropriate activities and examples	(3)	2	1	0
28. Credentialed health education teachers	(3)	2	1	0
29.Professional development in health education	3)	2	1	0
30.Essential topics on physical activity	(3)	2	1	0
31.Essential topics on healthy eating	(3)	2	1	0
32.Opportunities to practice skills	(5)	2	1	0
33.Assignments encourage student interaction with family and community	(3)	2	1	0
34. Essential topics on preventing unintentional injuries and violence	3)	2	1	0
35.Essential topics on preventing tobacco use	(3)	2	1	0
36.Essential topics on alcohol and other drug use	3	2	1	0
37. Essential topics for preventing HIV, other STD, and pregnancy	(3)	2	1	0

Physical Education and Physical Activity

	Fully in Place	Partially in Place	Under Development	Not in Place
38. 225 minutes of physical education per week	(3)	2	1	0
39. Sequential physical education curriculum consistent with standards	(3)	2	1	0
40.Students active at least 50% of class time	(3)	2	1	0
41.Health-related physical fitness	(3)	2	1	0
42.Licensed physical education teachers	(3)	2	1 1	0
43.Adress special health care needs	(3)	2	1	0
44.Professional development for physical education teachers	(3)	2	. 1	0
45.Prohibit using physical activity as punishment	(3)	2	1	0
46.Professional development for classroom teachers	(3)	2		0
47.Promotion or support of walking and bicycling to and/or from school	3	(2)	1	0
48.Availibility of before- and after-school physical activity opportunities	3	2		0
49. Availability of physical activity breaks in classrooms	3	2	1	0
50.Family engagement in physical activity	(3)	2	1	0
51.Access to physical activity facilities	(3)	2	1	0
52.Promote community physical activities	(3)	2	1	0

Social and Emotional Climate

	Fully in Place	Partially in Place	Under Development	Not in Place
53. Fostering positive and nurturing relationships	(3)	2	1	0
54.Positive student relationships	(3)	2	1	0
55.Professional development on meeting diverse needs of students	(3)	2	1	0
56.Collaboration to promote social and emotional learning	(3)	2	1	0
57.School-wide social and emotional learning	(3)	2		0
58.Prevent harassment and bullying	(3)	2	1	0
59.Active supervision	(3)	2	1	0
60.Engaging all students	(3)	2	i	0



School Health Services

	Fully in Place	Partially in Place	Under Development	Not in Place
61. Collaboration between school nutrition services staff members and teachers	3	2	1	0
62.Health services provided by a full-time nurse	(3)	2	1	0
63. School nurse collaborates with other school staff members	(3)	2	1	0
64. Counseling psychological and social services provided by a full-	(3)	2	1	0
time counselor, social worker and/or psychologist				
65.School counselor collaborates with other school staff members	(/3)	2	1	0

Staff Wellness

	Fully in	Partially	Under	Not in
	Place	in Place	Development	Place
66.Programs for staff members on physical activity/fitness	3	(2)	1	0
67. Programs for staff members on health eating/weight management	3	(2)	1	0
68.All foods served and sold to staff meet the USDA's Smart Snacks	3	(2)	1	0
in school nutrition standards	C As		. ,	
69. Modeling healthy eating and physical behaviors	(3)	2	1	0
70.Stress management programs for staff	3	(2)	1 9	0

Family Involvement

	Fully in	Partially	Under	Not in
	Place	in Place	Development	Place
71.Communication with families	(3)	2	. 1	0
72. Family engagement in school decision making	(3)	2	1	0
73. Family volunteers	(3)	2	1	0
74.Professional development on family engagement strategies	(3)	2	1 1	0
75. Student and family involvement in the school meal programs and	3	(2)	1	0
other foods and beverages sold, served, and offered on school campus			4 .	
76.Family involvement in learning at home	(3)	2	1	0
77.School health updates for families	(3)	2	1	0

Community Involvement

	1.00	Fully in	Partially	Under	Not in
	4.4	Place	in Place	Development	Place
78.Community involvement in school decision making		3)	2	1	0
79.Community involvement in school health initiatives		(3)	2	1	0