

Michigan Educational Choice Center Breakfast

Monday

Tuesday

Wednesday

Thursday

Friday

<p>Bag Breakfast</p> <p>Frosted Flakes Vanilla Goldfish Craisins 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>3</p>	<p>Bag Breakfast</p> <p>Blueberry NutriGrain Bar Vanilla Goldfish Diced Pear Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>4</p>	<p>Bag Breakfast</p> <p>Cinnamon Goldfish Cracker Fresh Apple 100% Juice Dannon Nonfat Creamy Yogurt 1% White Milk or 1% Chocolate Milk</p> <p>5</p>	<p>Bag Breakfast</p> <p>Trix Cereal Bar Animal Grahams Mandarin Orange Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>6</p>	<p>Bag Breakfast</p> <p>Apple Roll Craisins 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>7</p>
<p>Bag Breakfast</p> <p>Cocoa Puffs Cereal Bar Animal Grahams Mixed Fruit Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>10</p>	<p>Bag Breakfast</p> <p>Cinnamon Toast Crunch Cereal Vanilla Goldfish Craisins 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>11</p>	<p>Bag Breakfast</p> <p>WG Bagel with Cream Cheese Fresh Apple 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>12</p>	<p>Bag Breakfast</p> <p>Golden Grahams Cereal Animal Grahams Peach Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>13</p>	<p>14 <i>Valentine's Day</i></p>
<p>17</p>	<p>Bag Breakfast</p> <p>Raisin Bran Cereal WG Animal Grahams Diced Peach cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>18</p>	<p>Bag Breakfast</p> <p>Cinnamon Goldfish Cracker Fresh Apple 100% Juice Dannon Nonfat Creamy Yogurt 1% White Milk or 1% Chocolate Milk</p> <p>19</p>	<p>Bag Breakfast</p> <p>Cheerio Cereal Bar Animal Grahams Pear Fruit Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>20</p>	<p>Bag Breakfast</p> <p>WG Breakfast Ring Mixed Fruit Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>21</p>
<p>Bag Breakfast</p> <p>Golden Grahams Cereal Animal Grahams Craisins 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>24</p>	<p>Bag Breakfast</p> <p>Apple NutriGrain Bar Vanilla Goldfish Pineapple Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>25</p>	<p>Bag Breakfast</p> <p>WG Bagel with Cream Cheese Fresh Apple 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>26</p>	<p>Bag Breakfast</p> <p>WG Banana Muffin Mini Vanilla Goldfish Craisins 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>27</p>	<p>Bag Breakfast</p> <p>Apple Roll 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>28</p>

Happy Valentine's Day

Thought for Thought

Tips & Information

Since its inception, Black History Month has expanded beyond its initial acceptance in educational establishments. Carter Woodson's organization, now known as the Association for the Study of African American Life and History (ASALH), designates a theme each year. This year, February will be a celebration of Black History Month with the theme "African Americans and the Arts." The ASALH shares, "African American art is infused with African, Caribbean, and the Black American lived experiences."

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"or." = An alternative selection to choose. "WG"=Whole Grain
1% White & 1%Chocolate Milk
available daily.



****Menu Subject to Change****

Michigan Educational Choice Center Lunch



Monday

Tuesday

Wednesday

Thursday

Friday

<p>WG Pizza Slice Tossed Salad with Ranch Fruit mix 1% White or 1% Chocolate Milk</p> <p>3</p>	<p>Breaded Chicken Parm Sandwich on WG Bun Maple Carrot Coins Diced Peaches 1% White or 1% Chocolate Milk</p> <p>4</p>	<p>Classic Cheeseburger on WW Bun Baked Beans Fresh Gala Apple 1% White or 1% Chocolate Milk</p> <p>5</p>	<p>Chicken in Gravy w/ Biscuit Mashed Potato Fresh Banana 1% White or 1% Chocolate Milk</p> <p>6</p>	<p>Teriyaki Beef Dippers w/ Brown Rice Steamed Broccoli Applesauce 1% White or 1% Chocolate Milk</p> <p>7</p>
<p>WG Pizza Slice Fresh Broccoli & Ranch Dressing Diced Pears 1% White or 1% Chocolate Milk</p> <p>10</p>	<p>Breaded Chicken Patty on WW Bun Maple Carrot Coins Pineapple Tidbits 1% White or 1% Chocolate Milk</p> <p>11</p>	<p>Walking Taco w/ WG Corn Chips Texas Ranchero Pinto Beans Fresh Gala Apple 1% White or 1% Chocolate Milk</p> <p>12</p>	<p>Cheesy Taco Penne Tossed Salad with Ranch Fresh Banana 1% White or 1% Chocolate Milk</p> <p>13</p>	<p>14 <i>Valentine's Day</i></p>
<p>17</p>	<p>WG Pizza Slice 100% Paradise Punch Juice Box Diced Peaches 1% White or 1% Chocolate Milk</p> <p>18</p>	<p>Beef Sloppy Joe on WG Bun Seasoned Corn Fresh Gala Apple 1% White or 1% Chocolate Milk</p> <p>19</p>	<p>Chicken Fajita with Tortilla Texas Ranchero Pinto Beans Fresh Banana 1% White or 1% Chocolate Milk</p> <p>20</p>	<p>21</p>
<p>WG Pizza Slice Baby Carrots w/Ranch Diced Pears 1% White or 1% Chocolate Milk</p> <p>24</p>	<p>Cheeseburger Meatloaf on WW Bun Steamed Broccoli Pineapple Tidbits 1% White or 1% Chocolate Milk</p> <p>25</p>	<p>Chicken & Bean Burrito with WW Tortilla Texas Ranchero Pinto Beans Fresh Gala Apple 1% White or 1% Chocolate Milk</p> <p>26</p>	<p>Texas Chili w/ Dinner Roll Potato Wedges Fresh Banana 1% White or 1% Chocolate Milk</p> <p>27</p>	<p>Asian Chicken w/ Brown Rice Stir Fry Vegetables Mandarin Orange 1% White or 1% Chocolate Milk</p> <p>28</p>
<p>29</p>	<p>30</p>	<p>31</p>	<p>32</p>	<p>33</p>

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