



The Higher Institute of Arts & Technology

# FEBRUARY 2023 BREAKFAST CALENDAR

BREAKFAST

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[BLACK HISTORY MONTH

[HIGHER INSTITUTE OF ARTS AND TECHNOLOGY]

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cold assorted cereal Fruit Juice Milk	2 Hot Cereal Toast Fruit Juice Milk	3 NO SCHOOL
6 Yogurt Granola Fruit Milk	7 Turkey/Ham Croissants Fruit Juice Milk	8 Pop Tarts Fruit Milk	9 Cheese grits Sausage Toast Fruit Milk]	10 Fruit Bars Juice Fruit Milk
13 Granola Bars Fruit Juice Milk	14 Hashbrown Sausage Croissants Fruit Milk ]	15 [Cereal Bars Juice Fruit Milk]	16 Hot Cereal Toast Jelly Fruit Juice Milk	17 Cold Cereal Fruit Juice Milk
20 Fruit Bars Fruit Juice Milk	21 Country Cube Hashbrown Eggs Toast Juice Fruit Milk	22 Cereal Bars Fruit Juice Milk	23 Hot Cereal Sausage Biscuits Fruit Milk	24 Fruit Bars Juice Fruit Milk
27 Granola Bars Fruit Juice Milk	28 Breakfast Burritos Fruit Juice Milk			



[ALL MEALS ARE SERVED WITH 2% MILK  
MENUS ARE SUBJECT TO CHANGE WITHOUT NOTIFICATION

ALL MEALS ARE SERVED WITH A CHOICE OF MILK  
MENU IS SUBJECT TO CHANGE WITHOUT NOTICE