



The Higher Institute of Arts & Technology

# MARCH 2023 LUNCH CALENDAR

LUNCH

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HIGHER INSTITUTE OF ARTS AND TECHNOLOGY

SPRING BREAK  
BE SAFE

Monday	Tuesday	Wednesday	Thursday	Friday
 6 Spaghetti/Meatballs Garden Salad Garlic Bread Fruit Milk	7 Chicken Tacos Lettuce Tomatoes Mexican Rice Fruit Milk	1 Smoke Sausage/ Assorted Peppers Mashed Potatoes Vegetables Fruit Bread/ Milk	2 Breaded Chicken Tender Corn on Cobb Fruit Milk Ketchup	3 Nachos/ Cheese/Lettuce/Tomatoes Refried Beans Juice Milk
13 Chicken Alfredo Green Beans Rolls Fruit Milk	14 Beef Tacos/L/T Mexican Corn W/g Shells Fruit Milk	8 Hamburgers Roasted Potatoes W/G Buns Fruit Milk	9 Cheese Quesadillas Tomato Soup Goldfish Juice Milk	10 Turkey hotdogs Baked Beans Carrots Juice Milk
20 Mostaccioli Garden Salad Garlic Bread Fruit Milk	21 [Chicken Tacos Lettuce/Tomatoes Mexican Corn Juice Milk	15 Turkey/Hm,, Subs W/g Buns/L/T Potato Salad Chips Fruit/ Milk	16 Chicken Nuggets Carrots Fruit Milk Ketchup	17 NO SCHOOL
27 NO SCHOOL	28 NO SCHOOL	22 Pulled Pork Sandwiches Mixed Vegetables Fruit Milk W/G Buns	23 Chicken Patties Sandwich Three Bean Salad Fruit Milk Cookies	24 Pizza Rolls Corn on Cobb Juice Fruit Milk
29 NO SCHOOL	30 NO SCHOOL	31 NO SCHOOL	31 NO SCHOOL	31 NO SCHOOL

ALL MEALS ARE SERVED WITH MILK  
MENU IS SUBJECT TO CHANGE WITHOUT NOTICE